

REDUCED FETAL MOVEMENTS FLOWCHART

- Take history / identify risk factors for adverse outcome after RFM
- Maternal observations (BP, urine, temp)
- Palpate, measure and plot SFH on Intergrowth growth chart (if $\geq 26w$, not measured for 2 weeks and not having serial US)
- If fetal movements NEVER felt by 24 weeks, refer to fetal medicine for review

24⁺ – 25⁺ Weeks

Auscultate FH with handheld Doppler or Pinard for 60 seconds. Palpate and record maternal pulse to ensure a difference

FH Present

If in community **do not** refer to hospital

Arrange fetal anomaly USS if not already completed

Document on BadgerNet in **Reduced Fetal Movement Checklist** (remember to authorise).

Unable to auscultate FH – Contact LW or Maternity Ultrasound to arrange viability USS

39⁺ and above

Auscultate fetal heart, perform CTG and offer IOL (if no contraindications)

Commence cCTG within 30 minutes of presentation to MAC

If **cCTG meets criteria discuss *IOL/timing of delivery** with the woman and advise that it is not associated with an increase in caesarean section after 39 weeks.

If **cCTG does not meet criteria** at 60 minutes, or is abnormal (see AN CTG Guidance), **refer immediately to an obstetrician who must review both the woman and the CTG**

26⁺ – 38⁺ Weeks

1st episode in 3 weeks
Commence cCTG within 30 minutes of presentation to MAC

If **cCTG meets criteria** any time after 10 minutes discontinue CTG and file.

If in low surveillance group for FGR and SFH appropriate on Intergrowth Chart, USS not indicated.

Document on BadgerNet in **Reduced Fetal Movements Checklist** (remember to authorise)

2nd presentation or more in the last 3 weeks
OR
RMF with risk factors for FGR/Stillbirth
Commence cCTG within 30 minutes of presentation to MAC

If cCTG does not meet criteria at 60 minutes or is abnormal (see AN CTG Guidance) refer immediately to an obstetrician who must review both the woman and the CTG

If **cCTG meets criteria** any time after 10 minutes, discontinue CTG and file

Arrange USS for growth, liquor and fetal Doppler's if >2 weeks since last scan.

If <2 weeks since last scan, for individualised management plan

*If IOL declined refer to IOL guideline