

# Neonatal Stabilisation Record

Date: ..... Time of birth: .....  
Gestation:..... Estimated Weight .....

NAME:  
NHS Number:  
Hospital Number:

**Location of Delivery:** (circle) Labour Ward Theatre/ Main Theatre/ Delivery room/ Birthing centre / Other: .....  
Room temperature:..... Mother's Temperature prior to delivery:.....

Apgars @ 1 minute (circle)			
HR	0	<100	>100
Resp	Absent	irregular	regular
Tone	Absent	poor	good
Response	Absent	grimace	vigorous
Colour	Pale	blue	pink

Apgars @ 5 minute (circle)			
HR	0	<100	>100
Resp	Absent	irregular	regular
Tone	Absent	poor	good
Response	Absent	grimace	vigorous
Colour	Pale	blue	pink

Apgars @ 10 minute (circle)			
HR	0	<100	>100
Resp	Absent	irregular	regular
Tone	Absent	poor	good
Response	Absent	grimace	vigorous
Colour	Pale	blue	pink

**Please circle-** Baby placed in a **NeoHelp bag** < 32 weeks: Yes/No;  
**Panda resuscitaire** used: Y/N; **Portable Drager monitor** used: Y/N; **Continuous temp monitor** used: Y/N; **LifeStart** used: Yes /No; **Transwarmer** used on LifeStart: Y/N;  
**Delayed Cord Clamping (DCC)** done: Y / N (Circle) Duration of DCC.....  
 If DCC <1 minute, Cord milking done: Y / N (Circle) reason for no DCC  
 .....  
**Birthday Cuddle** with Parent: Y / N (Circle) Duration of cuddle: .....

Age at First breath /gasp:..... minutes ..... seconds	<b>≥ 32 weeks: 21% oxygen</b> <b>28 - 32 weeks: 21 - 30% oxygen</b> <b>&lt; 28 weeks: 30% oxygen</b>
Age at regular respirations : .....minutes .....seconds	

- Complete Delayed Cord Clamping by 3 minutes
- Complete Cuddle by 12 - 15 minutes
- Select dextrose gel dose - based on estimated weight  
 <500g – 0.25ml/dose   
 500g-1kg – 0.5ml/dose   
 >1kg – 1ml/dose   
**Please give 2 doses before transfer to NICU**

	Resp: Regular (R) Irreg (I) Gasp (G) Cry (C)	Nasal High Flow (L/min)	IPPV (v)	PIP used	CPAP/ PEEP used	FiO <sub>2</sub>	HR	CPR (v) (1 tick for each 30 second cycle)	Sats	Continuous Temperature 	 Axilla temperature & (Actions for maintaining normal temperature) <b>Mandatory manual Temperature                      checks to be done</b> 1) After Cord Clamping & 2) After Cuddle
0	Time (mins)										
1											
2											
3											
4											
5											
6											
7											
8											
9											
10											
11											
12											
13											
14											
15											

Aim for NICU Admission by 20 mins – If prolonged resuscitation – Inform NICU to prepare according to PitStop Prems guidance

