Ashford and St. Peter's Hospitals NHS Foundation Trust

48 hour Asthma Review

Referral to High Risk Asthma Team

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Guideline History		
Date	**Comments**	**Approved By**
11.09.26	First draft	Governance Meeting 11/09/26
11.09.26	UTC Discharge summary added	

Scope: High Risk Asthma Team (HRAT) 48hr review is applicable to:

- Children and Young people (CYP) 5- 16 years and 364 days
- Registered at North West Surrey Integrated Care Service (NICS) Partner GP Practice (list below)
- Discharged after presentation at ASPH due to asthma, suspected asthma, viral triggered wheeze

Introduction: The 48 hour CYP post-admission asthma review is a primary care initiative designed to ensure that any CYP (5-16 years) registered at one of the 37 NICS partner GP practices receives a pro-active review in primary care within 2 to 3 days of being discharged with asthma from ASPH. This is per NICE Asthma Guideline[1]. The role of the ASPH health professional is to make the referral. After referral, the role of ASPH is complete.

Why the 48hrs HRAT review is important:
Safety net: It catches any gaps between hospital care and returning home.
Medication: Specialist paediatric respiratory nurses review changes to prescriptions or treatments.
Recovery tracking: Specialist paediatric respiratory nurses monitor symptoms to ensure recovery.
Relapse prevention: Swift follow-up significantly reduce the risk of representation to hospital.
How it works:
When a CYP is discharged from ASPH, an email notification is sent to NICS Specialist paediatric respiratory nurses.
Proactive contact: The NICS team will reach out directly to parents or guardians.
Review: Specialist paediatric respiratory nurses will conduct a review (virtual or telephone) to check on CYP, ask questions, and arrange further face-to-face care if needed.

Reference: 1**.** Asthma pathway (BTS, NICE, SIGN) NICE guideline [NG244] (27 November 2024)

STEP 1: IDENTIFY PATIENT

- 5 - 16yrs 364 days (do not refer < 5yrs or > 17yrs)
- Attendance to UTC , A&E or admission with asthma, suspected asthma or viral triggered wheeze (formal diagnosis of asthma is NOT required)
- Any length of stay (does not need to be > 4hrs)
- Registered at NICS Partner GP Practice (list below)

STEP 2: DOCUMENT REFERRAL INFORMATION

- Document on Cerner by copying and pasting the following information (or make your own auto text):

NORTH WEST SURREY INTEGRATED CARE SERVICES (NICS) **CYP High Risk Asthma Team (5-16 years) 48 Hour Follow-Up referral** **Email: nics.cyphrat@nhs.net**
Discharge date
Reason for HRAT referral (delete as appropriate) Any UTC or A&E attendance with wheeze/asthma Hospital admission Previous admission in last 12 months Previous PICU/HDU admission ≥2 A&E attendances in last 12 months Safeguarding/social concerns Poor adherence or medication concerns Other
Medication (delete as appropriate) Salbutamol prescribed Inhaled corticosteroid prescribed/continued Oral steroids prescribed
Actions completed at ASPH (delete as appropriate) Asthma action plan provided Inhaler technique checked
Clinician comments (if required) Please include any relevant information (e.g. trigger factors, parental concerns, adherence issues, social concerns, safeguarding concerns, follow-up in place at ASPH)
Clinician designation

STEP 3: EMAIL THE REFERRAL to nics.cyphrat@nhs.net

- Title the email as patient's name and NHS number (i.e. Daphne Smith 721 182 3446)
- Copy the information above from Cerner and send as the body of the email
- UTC team may add information (as above) to UTC Discharge Summary and email discharge summary as PDF. Avoid sharing information as screenshot
- Role of ASPH doctor is complete, further actions & escalation of care will occur in primary care.

North West Surrey GP Practices

Woking Area	***Chobham and West End***	***16 Windsor Road, Chobham, Woking, GU24 8NA***
	College Road	***4-6 College Road, Maybury, Woking, GU22 8BT***
	Goldsworth Park Health Centre	***Denton Way Goldsworth Park, Woking, GU21 3LQ***
	Heathcot Medical Practice	***York House Medical Centre, Heathside Road Woking, GU22 7XL***
	Hillview Medical Centre	***3 Heathside Road Woking, GU22 7QP***
	Madeira Medical	***West Byfleet Health Centre, Madeira Road West Byfleet, KT14 6DH***
	Maybury Surgery	***Alpha Road Maybury, Woking, GU22 8HF***
	Parishes Bridge Medical Practice	***West Byfleet Health Centre, Madeira Road West Byfleet, KT14 6DH***
	Pirbright Surgery	***The Green, Pirbright, Woking, GU24 0JE***
	Sheerwater Health Centre	***Devonshire Avenue, Sheerwater, Woking, GU21 5QJ***
	Southview Medical Practice	***Southview Court, Guildford Road, Woking, GU22 7RR***
	St Johns Family Practice	***Hermitage Road ,St Johns, Woking, GU21 8TD***
	Sunny Meed Surgery	***15-17 Heathside Road, Woking, GU22 7EY***
	Wey Family Practice	***West Byfleet Health Centre, Madeira Road West Byfleet, KT14 6DH***
Thames Medical	***Ashley Medical Practice***	***1a Crutchfield Lane, Walton-on-Thames, Surrey, KT12 2QY***
	Chertsey Health Centre	***Chertsey Health Centre, Stepgates Chertsey, Surrey, KT16 8HZ***
	Phoenix Family Practice	***Weybridge Health Centre, 22 Church Street Weybridge, Surrey, KT13 8DW***
	Crouch Oak Practice	***45 Station Road, Addlestone, Surrey, KT15 2BH***
	Hersham Surgery	***Hersham Surgery, Pleasant Place, Hersham, Walton-on-Thames, Surrey, KT12 4HT***
	The Fort House Surgery	***Fort House Surgery, Rodney Road, Walton-on-Thames, Surrey, KT12 3LD***
	The Ottershaw Surgery	***3 Bousley Rise, Ottershaw, Chertsey, Surrey, KT16 0JX***
	The Red Practice	***Walton Health Centre, Rodney Road, Walton-on-Thames, Surrey, KT12 3LB***
	The White Practice	***Walton Health Centre, Rodney Road, Walton-on-Thames, Surrey, KT12 3LB***
	The Yellow Practice	***Walton Health Centre, Rodney Road, Walton-on-Thames, Surrey, KT12 3LB***
SASSE	***Fordbridge Medical Centre***	***4-4A Fordbridge Road, Ashford, Middlesex, TW15 2SG***

	Knowle Green Medical	***Staines Health Centre, Knowle Green, Staines, Middlesex, TW18 1XD***
	Orchard Surgery	***107 Feltham Hill Road, Ashford, Middlesex, TW15 1HH***
	Shepperton Medical Practice	***Shepperton Health Centre, Laleham Road,Shepperton, Middlesex, TW17 8EJ***
	Staines Health Group	***Staines Health Centre, Burges Way, Knowle Green, Staines, Middlesex, TW18 1XD***
	Stanwell Road Surgery	***95 Stanwell Road, Ashford, Middlesex, TW15 3EA***
	Studholme Medical Centre	***50 Church Road, Ashford, Middlesex, TW15 2TU***
	Sunbury Health Centre Group Practice	***Sunbury Health Centre, Green Street, Sunbury-on-Thames, Middlesex, TW16 6RH***
	St Davids Family Medical Centre	***Stanwell Health & Community Centre, Hadrian Way, Stanwell, Staines, Middlesex, TW19 7HE***
	The Grove Medical Centre	***The Grove, Church Road, Egham, Surrey, TW20 9QJ***
	The Hythe Medical Centre	***Rochester Road, Staines, Middlesex, TW18 3HN***
	Upper Halliford Medical Centre	***270 Upper Halliford Road, Shepperton, Middlesex, TW17 8SY***
	Packers Surgery	***Packers, Christchurch Road, Virginia Water, Surrey, GU25 4RL***