

WOMEN'S HEALTH AND PAEDIATRICS

PAEDIATRIC DEPT

Discharge Planning for the Newly Diagnosed Diabetic Child

Amendments			
Date	Page(s)	Comments	Approved by
February 2013	New Guideline		Paediatric Guideline Group
May 2016		Whole document review and update	Paediatric Guideline Group
March 2018		Whole document review – no changes	Paediatric Guideline Group

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In Consultation with:

Ratified by: Paediatric Guidelines Group

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Target Audience: Doctors, nurses and support staff working in Paediatrics

Impact Assessment Carried

out by:

Comment on this

document to: Dr Bhatti and Dr Baksh Consultant Paediatrician

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Discharge planning for the newly diagnosed diabetic child

The length of the hospital admission may only be 1 - 2 days for the child without D.K.A., so please start discharge planning early to prevent any delays.

The following needs to be prescribed and obtained from pharmacy:

- 1 cartridge of rapid acting insulin i.e. either NovoRapid 3ml pen cartridge or Humalog 3ml pen cartridge.
- 1 Lantus SoloStar pre-filled pen or 1 Lantus 3ml cartridge for a 0.5 unit pen
- One box of Accu-Chek Aviva Expert test strips
- One box of Freestyle Optium B ketone test strips

The following will be supplied by the paediatric diabetes nurse specialists:

- Pen devices
- Initial supply of pen needles
- Blood glucose meter
- Blood ketone meter
- Lancet device and initial supply of lancets for blood sugar testing
- Blood sugar record book
- Written diabetes information including contact telephone numbers

On discharge, a discharge letter must be sent to the GP with diagnosis and medication prescribed. This will be completed by the paediatric diabetes nurse specialists.

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