



Discharge Plan for Salbutamol (blue) Inhalers

(> 1 year old)

Stage	Action
1 st day at home	10 puffs with spacer every 4 hours
2 nd day (if better)	4 - 6 puffs with spacer every 4 hours
3 rd day (if better)	2 - 4 puffs with spacer every 4 hours
4 th day (if better)	2 puffs with spacer when needed <i>or</i> as indicated by your doctor/nurse

- Take PREDISOLONE mg = crushed 5 mg tablets for next days
- Inhalers via spacer devices can and should be given even if your child is asleep.
- If symptoms are worsening with either wheeze or difficulty in breathing, give **10 puffs straight away** and if no improvement, seek medical advice. If improving, observe at home but go back to the previous step of the plan.
- If your child requires more than 10 puffs every four hours **return to Accident and Emergency.**
- Your child must be reviewed by your GP service within **two days** of discharge and if symptoms persist (wheezing, chest tightness or shortness of breath) after day 5, please return to your GP for review again.
- 24 hours NHS helpline: 111